

what to do
if you want
to help
Palestine
but dont
know where
to start



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BUY ESIMS

When Israel cut off all internet, cellular, and landline services in Gaza, Palestinians lost their access to the outside world and to each other.

Because of the abrupt loss of communication, Egyptian journalist Mirna El-Helbawi started the initiative to get Gaza back online with eSIMs.

eSIMs are a digital version of the physical SIM card. They are programmable remotely via software and can also be used in tablets, smartwatches, drones, and cars.

Purchasing eSIMs allows people within Gaza to connect to the outside to communicate with their families and also to show what's happening within Gaza.

gazaesims.com has all of the relevant information on how to purchase and donate eSIMs, so check out their website!



SCAN ME

GAZAESIMS.COM

SCALLS.ORG

Download on the
Apple App Store

Download on
Google Play

CALL YOUR REPS.

There are a few ways you can go about this. First, you could just Google your Representatives and call them yourselves. However, I find the app 5 Calls helpful!

5 Calls provides you with the phone numbers of your Representative and Senators, as well as a script of what to say (which you can use at your discretion, of course). It's a great resource and makes calling your representatives easy.



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American Muslims for Palestine



Council on American-Islamic Relations



STUDENTS FOR JUSTICE IN PALESTINE

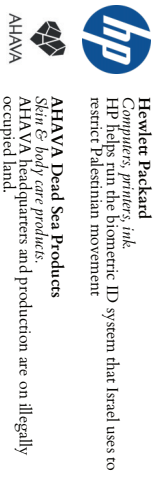
A good place to start for information on events and protests would be your local chapters of the following organizations:

Attending events and protests about what's happening in Palestine is also very important!

PROTESTS + ATTEND EVENTS

If you haven't already, look into the Boycott, Divest, and Sanction (BDS) movement, which works to end international support for Israel's oppression of Palestinians and pressure Israel to comply with international law.

Here are five companies you should boycott (at the bare minimum). For more companies on the BDS list, check out the website below.



Starbucks Coffee & Houseware.
Sued their workers' union after they showed support to Palestine.

Walt Disney Company
Parks, merchandise, streaming platform.
Despite being the "happiest place on Earth," Walt Disney company donated \$2 mil to Israel to fund the IDF at the start of the escalation.

BDSMOVEMENT.NET

- Omar (2013)
- Life in Occupied Palestine: Eyewitness Stories & Photos (2014)
- Born in Gaza (2014)
- Gaza Fights for Freedom (2019)
- Farha (2021)

Films/Documentaries

- The Question of Palestine by Edward Said
- Freedom Is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement by Angela Y. Davis
- The Ethnic Cleansing of Palestine by Ilan Pappé
- On Palestine Noam Chomsky + Ilan Pappé
- Queer Palestine and the Empire of Critique by Sa'ed Atshan

Books

It's so important to educate yourself on the history of Palestine and the creation of Israel. Below is a good starting list.

SUPPORT PAL-OWNED BUSINESSES

Support Palestinian-owned businesses locally, nationally, and in Palestine. Below is a good starting list, but look into other businesses, especially ones local to you.

HIRBAWI
كشافة كثرية
The HIRBAWI factory, founded in 1961 by Yasser HIRBAWI, has woven the authentic Palestinian Kufiya ("Keffiyeh") garment since 1961. This is the last Palestinian Keffiyeh factory in the Palestinian Territories.

Anat International
anat-international.com
Anat International is a slow-fashion streetwear brand and community originating in Gaza, Palestine that creates genderless embrodered clothing.

Pali Roots
paliroots.com
Pali Roots is a clothing company that explores, celebrates, and shares Palestinian culture in a modern and positive way. They also focus on giving back to communities in Palestine through meal programs and charity projects.

Watan
watanpalestine.com
Watan is a Palestine-inspired arts shop that aims to create an additional space for Palestinians to learn about and explore their cultural and intellectual heritage.

Darzakh
darzakh.org
Darzakh is a non-profit, ethical fashion brand creating authentic, handmade, Palestinian products. Darzakh means "stitch" in Arabic.

D'ARZAH



American Muslims for Palestine



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STUDENTS FOR JUSTICE IN PALESTINE

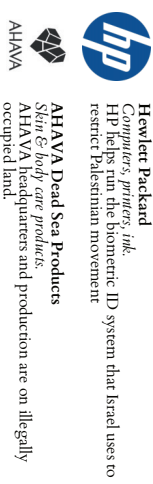
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